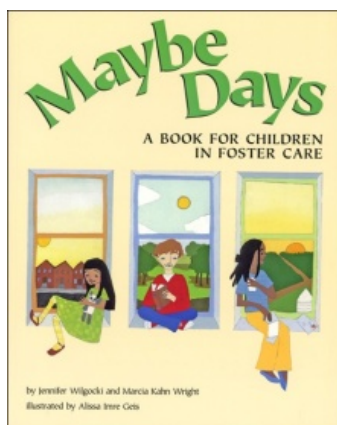


Books for Children about Foster Care

Compiled by Joann Grayson, Ph.D.

for Virginia Child Protection Newsletter, Volume 85

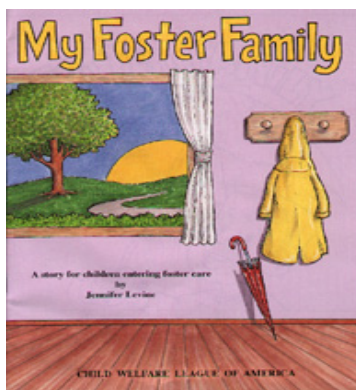
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Maybe Days: A Book for Children in Foster Care by Jennifer Wilgocki, MA and Marcia Kahn Wright, PhD, 2001, 32 pages, \$9.95, ISBN 1-55798-802-1.

Available from: APA Service Center, 750 First Street, NE
Washington, DC 20002-4242
(800)-374-2721, TDD/TTY: (202)-336-6123, FAX: (202)-336-5502,
E-mail: magination@apa.org Web site:
<http://www.maginationpress.com/4418021.html>

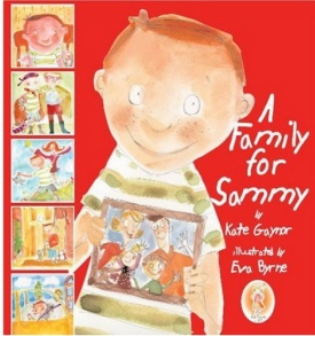
This book discusses issues surrounding foster care. It includes some of the common questions that children ask and the different emotions they might be encountering. The book also explains the responsibilities of everyone involved in foster care: the parents; foster parents; social worker; lawyers; and judges. The story emphasizes that a child's job is to simply grow and be a child.



My Foster Family: A Story for Children Entering Foster Care by Jennifer Levine, Child Welfare League of America in Books, 1994, \$3.95, ISBN 9780878685370.

Available from: Child Welfare League of America, 2345
Crystal Drive, Suite 250, Arlington, VA 22202 (703)-412-2400
FAX: (703)-412-2401 Web site:
<http://www.cwla.org/pubs/pubdetails.asp?PUBID=5370>

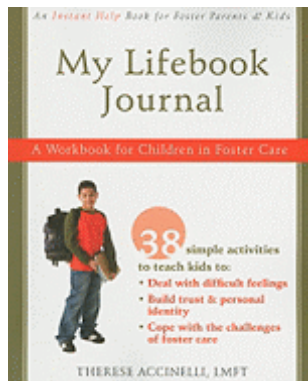
This children's coloring book allows children entering foster care the opportunity to express their feelings and adjust to their new surroundings. It is intended for children between the ages of 5-11. The book provides descriptions of the logistical and emotional changes that children are likely to encounter.



A Family For Sammy by Kate Gaynor, 2006, 28 pages, \$13.99.

Available from: Special Stories Publishing, Unit 13, BASE Enterprise Centre, Ladyswell Road, Mulhuddart, Dublin 15, Ireland;
Web site: <http://www.specialstories.net/FosterCare.aspx>

This book is designed to help explain the process of foster care to young children. The book is told through the eyes of the main character, Sammy. Sammy expresses his concerns and fears about staying with another family but then realizes that his new family is kind and caring.



My Lifebook Journal: A Workbook for Children in Foster Care by Therese Accinelli, 2008, 136 pages, \$16.95.

Available from: New Harbinger Publications, Attn: Customer Service, 5674 Shattuck Avenue Oakland, CA 94609, (800) 748-6273,
FAX : (800) 652-1613; Web site:
<http://www.ebscobook.com/books/ProductDetails.asp?CatalogID=8432217>

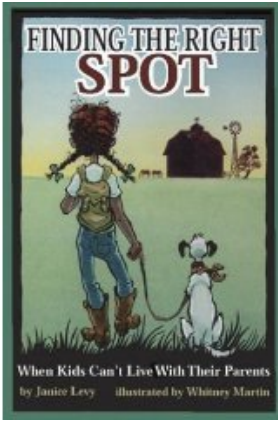
This workbook provides various activities and tools to help children adjust to foster care. The worksheets help children to record their positive experiences and memories, learn to develop a sense of self, identify people who they can trust, and learn coping skills. The idea is to have children record and explore their thoughts and feelings for a few minutes every day. With these activities, resiliency and self-confidence are reinforced.



A Mother for Choco by Keiko Kasza, 1996, 32 Pages, \$5.99.

Available from: PENGUIN GROUP (USA) Inc, Academic Marketing Department 375 Hudson Street New York, NY 10014-3657, (800)-847-5515 E-mail: fran.corea@us.penguin.com
Web site:
<http://www.adoptshoppe.com/index.asp?PageAction=VIEWPROD&ProdID=432>

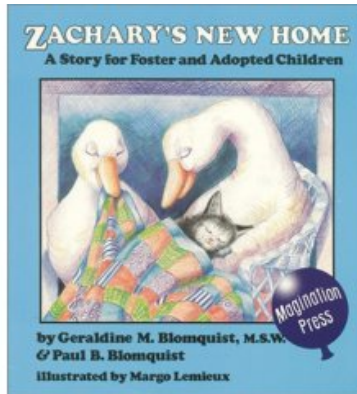
This book is intended for children ages 2-5. Choco is a little bird who wishes he had a mother and begins searching for one. He doesn't meet anyone who looks like him and doesn't think of asking Mrs. Bear. Then he realizes that Mrs. Bear begins to do things like a mother should. Choco then understands that families can come in all shapes and sizes and still be a family.



Finding the Right Spot: When Children Can't Live With Their Parents by Janice Levy, 2004, 48 pages \$14.95, ISBN 1-59147-073-0.

Available from: APA Service Center, 750 First Street, NE
Washington, DC 20002-4242, (800)-374-2721, (202)-336-5510,
TDD/TTY: (202)-336-6123, FAX: (202)-336-5502,
E-mail: magination@apa.org
Web site: <http://www.maginationpress.com/441A073.html>

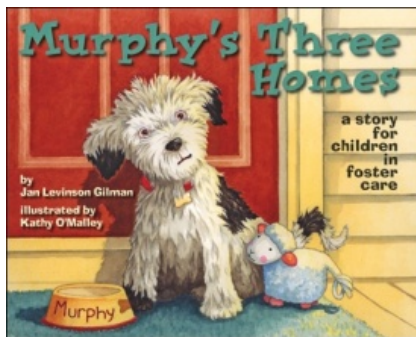
Finding the Right Spot is a story for all children who cannot live with their parents, regardless of the reasons. This story stresses feelings; resilience; loyalty; hope; disappointment; love; sadness; and anger. This story also discusses how to adjust when living away from home.



Zachary's New Home: A Story for Foster and Adopted Children by Geraldine M. Blomquist, 1990, 32 pages, \$ 9.95, ISBN: 0-945354-27-4.

Available from: APA Service Center, 750 First Street, NE
Washington, DC 20002-4242, (800)-374-2721, (202)-336-5510,
TDD/TTY: (202)-336-6123, FAX: (202)-336-5502,
E-mail: magination@apa.org
Web site: <http://www.maginationpress.com/4414274.html>

This story is about a kitten named Zachary who is forced to leave his home when his mother can no longer care for him. The story traces Zachary from the time he first enters foster care to the time when he is adopted by a family of Geese. This book targets both children in foster care and children who have been adopted.



Murphy's Three Homes: A Story for Children in Foster Care by Jan Levinson Gilman, PhD, 2008, 32 pages, \$14.95, ISBN 1-4338-0384-4.

Available from: APA Service Center, 750 First Street, NE
Washington, DC 20002-4242, (800)-374-2721, (202)-336-5510, TDD/TTY: (202)-336-6123, FAX: (202)-336-5502,
E-mail: magination@apa.org
Web site: <http://www.maginationpress.com/441B021.html>

This book uses a subtle story to help children in foster care cope. The story is about a puppy, Murphy, who is placed into a new home and is forced to deal with new things everywhere. While he is shuffled from house to house, he begins to understand his sad and angry feelings. The author also provides caregivers with various resources on how to help children cope with foster care.

